

MATCH VIDEO REVIEW — TALLY SHEET

Score-amnesia play, process-focused review

Date: _____	Opponent(s): _____	Format: _____	Games watched: _____
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How to use: Watch within 24–48 hrs, alone, before coach input. Tally every category a point touches (one point can hit several rows). Don't track the score itself — these totals are the scoreboard that matters.

A. THIRD SHOT		
Metric	Tally marks	Total
Drop - landed in kitchen (success)		
Drop - error (net / out / popped up)		
Drive or other 3rd shot - winner / forced error		
Drive or other 3rd shot - unforced error		
B. TRANSITION ZONE		
Metric	Tally marks	Total
Clean advance to kitchen line		
Caught mid-court / attacked		
C. KITCHEN LINE / DINK RALLY		
Metric	Tally marks	Total
Rally won - patience (opponent error / forced popup)		
Rally lost - unforced error		
Rally lost - opponent clean winner		
D. UNFORCED ERRORS BY SHOT TYPE		
Metric	Tally marks	Total
Forehand		
Backhand		
Volley		
Overhead		
Serve / return		
E. DECISION AUDIT (score the call, not the result)		
Metric	Tally marks	Total
Good decision → good outcome		
Good decision → bad outcome (execution only)		
Bad decision → good outcome (lucky)		
Bad decision → bad outcome		
F. PRESSURE POINTS (within 2 / game or match point)		
Metric	Tally marks	Total
Held process under pressure		
Broke process under pressure		
G. SPLIT-STEP / READY POSITION		
Metric	Tally marks	Total
Compliant on transition		
Missed on transition		

Notes / patterns spotted: